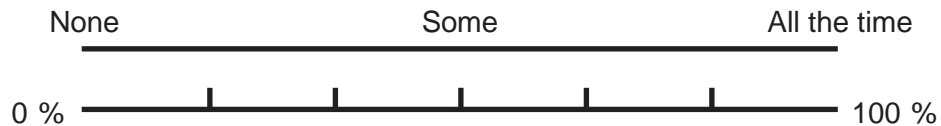


Dallas Pain Questionnaire

Activités quotidiennes

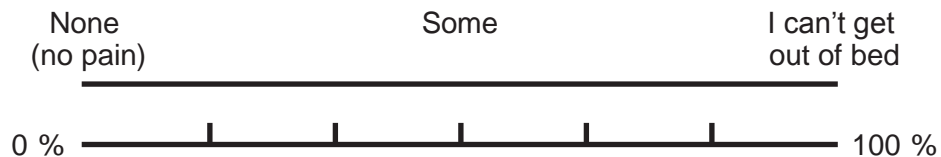
1 - Pain and Intensity

To what degree do you rely on pain medications or pain relieving substances for you to be comfortable?



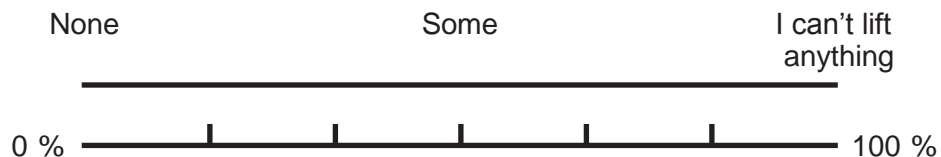
2 – Personal care

How much does pain interfere with your personal care (getting out of bed, teeth brushing, dressing, etc)?



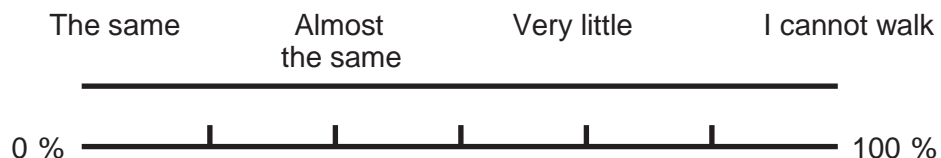
3 - Lifting

How much limitation do you notice in lifting?



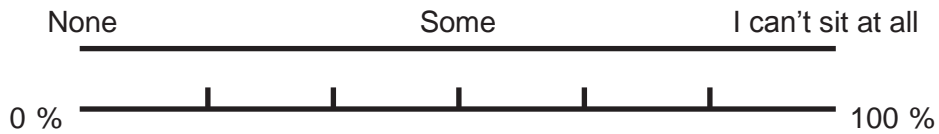
4 - Walking

Compared to how far you could walk before your injury or back trouble, how much does pain restrict walking now?



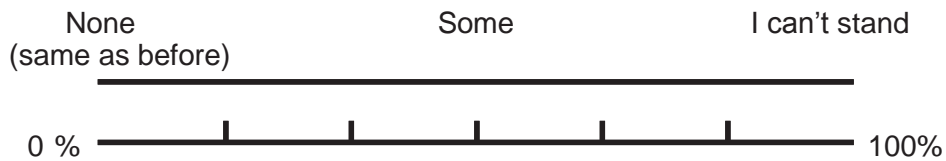
5 - Sitting

Back pain limits my sitting in a chair to:



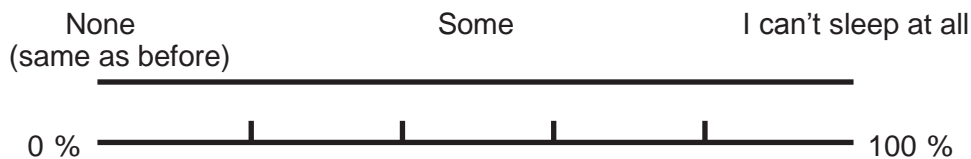
6 - Standing

How much does pain interfere with your tolerance to stand for long periods?



7 - Sleeping

How much does pain interfere with your sleeping?

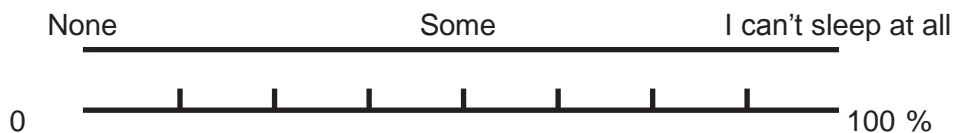


TOTAL x 3 = % de répercussion sur les activités quotidiennes.

A ctivités professionnelles et de loisirs

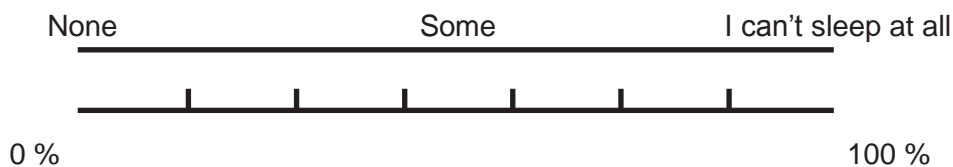
8 – Social life

How much does pain interfere with your social life (dancing, games, going out, eating with friends, etc.)?



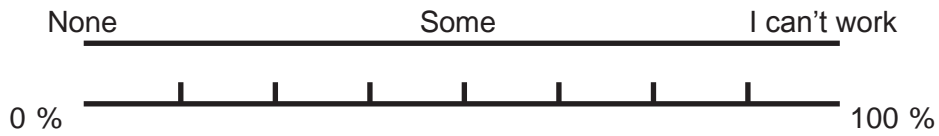
9 - Traveling

How much does pain interfere with traveling in a car?



10 - Vocational

How much does pain interfere with your job?

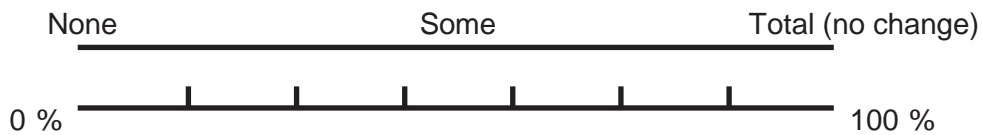


TOTAL x 5 = % de répercussion sur le rapport activités professionnelles/loisirs.

Anxiété/dépression

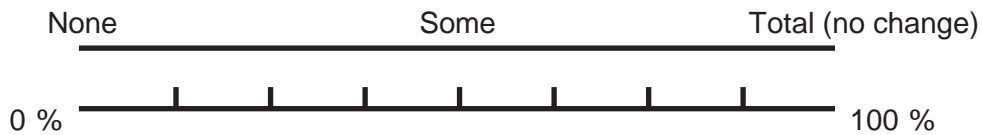
11 - Anxiety/Mood

How much control do you feel that you have over demands made on you?



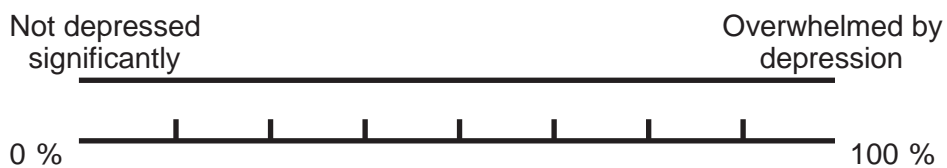
12 – Emotional control

How much control do you feel you have over your emotions?



13 - Depression

How depressed have you been since the onset of pain?

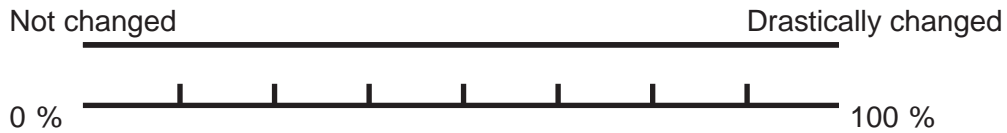


TOTAL x 5 = % de répercussion sur le rapport anxiété/dépression.

Sociabilité

14 – Interpersonal relationships

How much do you think your pain has changed your relationships with others?



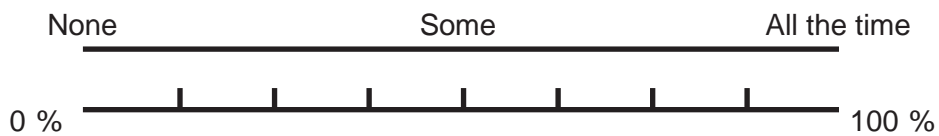
15 – Social support

How much support do you need from others to help you during this onset of pain (taking over chores, meals, etc)?



16 – Punishing response

How much do you think others express irritation, frustration or anger toward you because of your pain?



TOTAL x 5 = % de répercussion sur la sociabilité.

Patient last name:

Date of birth: / /

Patient first name:

Date: / /